|  |  |
| --- | --- |
| **Logo - Club Logo copy**  Breakfast Chatter  2016 | C:\Users\arasmussen\Downloads\images.jpg |

##### The Weekly Bulletin of Rotary Club of Kathmandu Mid-Town Celebrating 26 Years of Rotary

##### Vocational Service Month

# Weekly Meetings and Programmes:

|  |  |  |
| --- | --- | --- |
| Date | Speaker | Program/Topics of Presentation |
| 29 January | Mr. Somesh Verma | Why Social Media?  Mr. Somesh Verma prefers to be called a Communication Practitioner, rather than a journalist. In a career spanning 15 years plus, he has worked in Newspapers, Television, Web, corporate communication and public relations. Presently, Somesh works as freelance Communication Consultant and trainer in multimedia storytelling and social media.  For more please have a look at his side:  <http://someshverma.com/>  One definition of Social Media:  Websites and applications that enable users to create and share content or to participate in social networking. |
| 22 January | Bhairaja Panday | Refugees |  |
|  |  |  |

|  |  |  |
| --- | --- | --- |
| Club News | | |
|  |  |  |

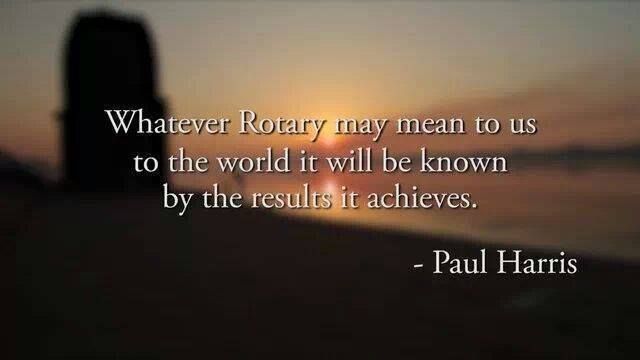
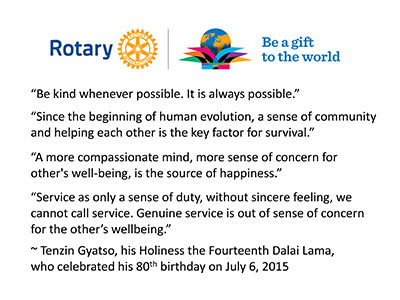
Our Club Secretary Bhairaja Panday former Deputy Resident Representative, UNHCR, Thailand gave an inspiriting and participatory talk on the understanding of refugees. The speaker, introduced by PE Shankar Sharma, talked about the concept and definition of refugees and the importance of international legal protection to those recognized as such. The members engaged in a lively debate about the complications in relation to the protection of refugees and their economic/political impact. Please below find the link requested to the Refugee Convention of 1951

<http://www.unhcr.org/pages/49da0e466.html>

January is the month of vocational training and with two interaction presentations by club members we have used January for internal training.

|  |  |  |  |
| --- | --- | --- | --- |
| C:\Users\arasmussen\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\CBTFF60Q\image1 (3).JPG  . | C:\Users\arasmussen\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\CBTFF60Q\IMG_0585.JPG |  | C:\Users\arasmussen\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\CBTFF60Q\image1 (2).JPG |
| Rtn. Sangita Shrestha thanked the speaker for his engaging talk and mentioned the economic and social impact of large scale movement of population that’s taking place currently from Middle East to Europe as an example of huge refugee crises.  PP Dr. Lekha briefed the meeting on the progress of the toilet project she has been following  8th District Conference Dhulikhel, Kavre (February 12, 13 and 14, 2016)  <http://www.rotary3292.org/wp-content/uploads/2015/07/Brochure-imposed.pdf>  Please sign up and participate to support our candidate PP Dr Chandra Lekha Tuladhar | | | |  |

|  |
| --- |
| Rotary Quote of the Week |



|  |  |
| --- | --- |
|  |  |

# Rotary International News

17-23 January — [International Assembly](https://www.rotary.org/myrotary/en/exchange-ideas/events/international-assembly), San Diego, California, USA

[Rotary](https://twitter.com/hashtag/Rotary?src=hash) President-elect John Germ announces his 2016-2017 theme of "Rotary Serving Humanity."

#### [**DISTRICT LEADERS SET TO CELEBRATE FOUNDATION’S CENTENNIAL**](https://www.rotary.org/myrotary/en/news-media/district-leaders-set-celebrate-foundations-centennial)

### THE ROTARY FOUNDATION IS TURNING 100!

Rotary Foundation Trustee Chair Ray Klinginsmith asked district governors in training at the International Assembly to lead the celebration of the [Foundat...](https://www.rotary.org/myrotary/en/rotary-foundation/foundation-centennial) please see more here: <https://www.rotary.org/myrotary/en/rotary-foundation/foundation-centennial>

### DOING GOOD IN THE WORLD

|  |  |
| --- | --- |
|  | **The Inspiring Story of The Foundation's First 100 Years**  From Rotary’s battle against the poliovirus to establishing the Rotary Peace Centers, The Rotary Foundation has a rich history.  Buy now on [shop.rotary.org](http://shop.rotary.org/) |

### Rotary Story of the week

From the[*January 2016 issue*](https://www.rotary.org/myrotary/en/node/228186)ofThe Rotarian

In 2008, Kenton Lee was a new college graduate volunteering at an orphanage in Nairobi, Kenya, when he noticed how many children were barefoot or wearing shoes that were too small and had been cut open to let their toes stick out. He remembers thinking, “Wouldn’t it be great if there were a shoe that could adjust and expand so that kids always had a pair of shoes that fit?”

Six years later, that idea led to “The Shoe That Grows.” Since 2014, charity groups have distributed 8,000 pairs of the sturdy leather and rubber sandals that can be adjusted to fit five foot sizes to children across Africa, Asia, and South America.

“I didn’t think shoes were that important until I saw how people live in places where there’s not adequate sanitation or hygiene,” says Lee, a member of the Rotary Club of Nampa, Idaho. “Over 2 billion people have some kind of a soil-transmitted disease – hookworm is common – that enters the body through the feet. So something as simple as a pair of shoes can help kids stay healthier and stay in school.”

Lee says he felt enormously supported by his fellow Rotarians early on when he was feeling discouraged. After he shared his idea at a weekly meeting, “everybody loved it, and my club president got up and said, ‘We believe in you and this idea so much that we’re going to give you a donation today,’ ” he remembers. “If they would have responded differently, I don’t know if we would be here today. I got so much confidence from that.”

|  |
| --- |
|  |

Please update your ‘My Rotary’ Account

First go to www.rotary.org.

Then **click on My Rotary**. And then **Click on Sign In/Register**.

If you are a first time user, click on **Create account.**

Fill in the Account registration information **and click on Continue.**

You will be informed that an e-mail has been sent to you.

Check your email for the address you provided in the step above. You will receive a message from Rotary. Click on the blue link in the mail to finalize the process.

# A Thought for the Day:

It is not always the same thing to be a good man and a good citizen.

-Aristotle, philosopher (384-322 BCE)

## NB: Send any information/photos that may be of interest to the Club or Rotarians in general to

## BC Editor: Anja M. Rasmussen, email: anjamrasmussen@gmail.com

#### **District : 3292** We**b:** www.rotarymidtown.org.np **Club Id : 26776**

#### Facebook: <https://www.facebook.com/RotaryClubOfKathmanduMidtown>

Venue: Fridays at 7:30AM, Hotel de l'Annapurna, Kathmandu, NEPAL

### Just for the laugh